





Ingredients:

- 10 heaping tsp. of Watermelon-Mint blend
- ice cubes or crushed ice
- ½ melon, diced (chilled or frozen)
- 2-3 sprigs of mint
- 1 organic lemon or lime
- 2 cups of sparkling water

Brew the **Watermelon/Mint fruit tea blend** with 4 1/4 cups of boiling water and let steep for at least 15 minutes. Pour the tea into a jug filled with ice and leave it to cool completely. Mix the **melon cubes**, **mint leaves** and the **sliced lemons** or **lime**, add everything to the cooled tea and top it off with sparkling water. A wonderful summertime refreshment!

Our highlight for a cold punch: Serve the iced tea in a hollowed out watermelon.



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Watermelon-Mint Fruit tea blend, flavored

Fruit tea blend, flavored Taste: Watermelon-Mint Spicy refreshment: THE BITTER NOTE

> Refine the tea with **rosemary** and **tonic water** instead of sparkling water and mint. Gin lovers can also conjure up a fruity **gin tonic** from this iced tea.